

While Waiting for Aid to Arrive:

'2 SURDLGDIH VHFUXH T2XIFWOSDDIFHWKH VWXGHQW DORQH
'2 DVN WRHPWD\ XQWLO '2HDSWUWRHVHVWUDLQ KLP RU KH
'2 OLVWHQ DFWLYHO\ DQZ1YKRXDPSBQKH RU FRQIURQW WK
'2 PDLQWDLQ D VXSSRUW2LYIF DWQLLPLXG M KH VWXGHQW V GL

Tips for Recognizing Distressed Students (Not in Crisis/Emergency)

(YHU\RQH H[SHULHQFHV V\PSWRPV RI GLVWUHV V DW RQH W
SHUVLVW RYHU WLPH DQG RU LQDQHDVGHIRQ DMYHVWVQFMKL

What Can You Do? (Not in Crisis/Emergency)

,I \RX FKRRVH WR DSSURDFK D VWXGHQW RU LI D VWXGHQW
SUREOHPV WKH IROORZLQJ VXJJHVWLRQV DUH UHFRPPHQG

TALK ZLWK WKH VWXGHQW LQ SULYDWH <RX PD\ QHNGXWR V
DUHVKISGRU FFXSLHG ([SUHVV \RXU FRQFHUQ E\ UHIHUULQ

How to Get Started at the Counseling Center

7K & RXQVHOLDV & SIOVHU 0RQGD6WKGHRQWKV)DWL6 DVNHG W
WKH LQLWLDZ6LSFKSWDZIRUN ,I WPKLQVZLHMFHDQHHQ EDDQ RQ
FRXQVHORU IRU D EUL6W XGHQWRQLQWFULKDW W PDLPHHTXHVV V
SULRU WR FRPSOHVWK6JVWK6HSQSHLZRCU6H DVVLJQHG WR D
ZHHN RI FRPSOHWLQJ SDSHUZRUN DQG IWKVWF6SQRHQW6HZQ

)RU D IXOO 6IHRVULSHWLYR6HV SO [FDVHDXLWLDWRXHGZH6RXQV](#)

9LVLW WKH &RXQVHOLQJ &HQWHU 9LOODJH IRU YLUWXDO S
[KWS XE FRXQVHOLQJ EXIIDOR HGX FFY KWPO](#)

MSU On