


All at no additional cost to you: If you are eligible, Murray State University will cover the entire cost of the program.

See if you're eligible:

express-scripts.com/healthsolutions

Log in to get your exclusive access code
and link to apply to Omada.





I've tried many different diets in

Can family members join this program?

Yes, adult family members who are covered under a qualifying health plan, and meet the clinical enrollment criteria, may be